## GENERAL CLOTHING SIZE GUIDE

It is highly recommended that you carefully check your measurements against our size charts (which match the Australian Standard Sizing Chart). This will alleviate most fitting problems, however this chart is an approximation and variations can occur from the manufacturer.

| Women's Size Chart |  |  |  |  |  |  |  |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| Size | $\mathbf{6}$ | $\mathbf{8}$ | $\mathbf{1 0}$ | $\mathbf{1 2}$ | $\mathbf{1 4}$ | $\mathbf{1 6}$ | $\mathbf{1 8}$ | $\mathbf{2 0}$ | $\mathbf{2 2}$ | $\mathbf{2 4}$ | $\mathbf{2 6}$ |
| Bust (cm) | 81 | 86 | 91 | 96 | 101 | 106 | 111 | 116 | 121 | 126 | 131 |
| Waist (cm) | 58 | 63 | 68 | 73 | 78 | 83 | 88 | 93 | 98 | 103 | 108 |
| Hips (cm) | 87 | 92 | 97 | 102 | 107 | 112 | 117 | 122 | 127 | 132 | 137 |
| Pant Length (cm) | 104 | 104 | 105 | 105 | 106 | 106 | 107 | 107 | 108 | 108 | 110 |


| Men's Size Chart |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Size |  | XS | S |  | M |  | L |  | XL |  | XXL |  | XXXL |  |
| Neck | In | 131/2 | 14 | 141/2 | 15 | 151/2 | 16 | 161/2 | 17 | 171/2 | 18 | 181/2 | 19 | 191/2 |
|  | Cm | 35 | 36 | 37 | 38 | 39 | 41 | 42 | 43 | 44 | 45 | 46 | 47 | 48 |
| Chest | In | 30 | 32 | 34 | 36 | 38 | 40 | 42 | 44 | 46 | 48 | 50 | 52 | 54 |
|  | Cm | 77 | 82 | 87 | 92 | 97 | 102 | 107 | 112 | 117 | 122 | 127 | 132 | 137 |
| Waist | In | 26 | 28 | 30 | 32 | 34 | 35 | 39 | 40 | 42 | 44 | 45 | 48 | 50 |
|  | Cm | 67 | 72 | 77 | 82 | 87 | 92 | 97 | 102 | 107 | 112 | 117 | 122 | 127 |
| Pant Length | In | 28 | 28 | 29 | 30 | 31 | 31 | 32 | 33 | 34 | 35 | 36 | 36 | 37 |
| (Inner Leg) | Cm | 70 | 72 | 75 | 76 | 78 | 80 | 82 | 84 | 85 | 87 | 88 | 89 | 90 |

## Measuring Tips

- Use your exact measurements when selecting your size
- Keep the tape firm, but not tight
- Measure over your undergarments
- Ask someone to help measure you


## Women's Sizes

- Bust - measure around fullest part and across shoulder blades.

Key measure for tops and loose fitting dresses.

- Waist - measure around natural waistline, keep tape comfortably loose.

Key measure for loose fitting skirts.

- Hip - measure around fullest part of seat, approx 22 cm or 9 " down from waist.

Key measure for trousers, narrow fitting skirts or dresses

## Men's Sizes

- Neck - measure where the top of your collar would be. Key measure for shirts.
- Chest - measure around largest part, just under arm pit, keeping tape horizontal across back and front. Key measure for jackets.
- Waist - measure your natural waistline/beltline over your underwear. Key measure for trousers.


